



PANCHAKARMA MEMBERSHIP

Enjoy personalized detox and rejuvenation therapies with seasonal plans. Visit our website for more details and benefits.



YOGA CLINIC

Holistic healing through therapeutic yoga, tailored for all ages and conditions. Guided by Dr. Seema Garje, Ayurved and yoga expert with 15+ years of experience.



SUVARNAPRASHAN SANSKAR

Ayurvedic immunity-boosting drops for children (age 0–13 yrs), given monthly at our clinic on Pushya Nakshatra.



GARBHA SANSKAR

Ayurvedic antenatal care that nurtures fetal growth through trimester-wise diet, therapies, yoga, mantra & music, expertly guided by Dr. Seema Garje for a healthy mother and baby

WELLNESS PANCHAKARMA PACKAGES



PRE CONCEPTION PROGRAM –PCP

Panchakarm - Detoxification- Vaman / Virechan, Basti, Nasya, Shirodhara, UttarBasti Duration- 1-2 Months Benefits- Before you decide to conceive, you should do Pre Conception Program process of your body-which removes any unhealthy conditions developed in your system



VAJIKARANA CHIKITSA

Aim is to increase aphrodisiac power, Vigour & Vitality Include- Shirodhara-30min+ Abhyagam-30min+ Vrushya Basti Duration-8,16,21 days



KAYAKALPA CHIKITSA

The aim is to return youthfulness by rejuvenating each and every Dhatu or Tissue in the body and to maintain the normal level of Ojus. Include- Shirodhara-30min+ Abhyagam-30min+ Hurdya Basti -25min+ Pindswed 35min+ Yapan Basti -15min Duration-8-10days



IT PROFESSIONALS' PACKAGE

Includes: Shirodhara (30 mins)+ Netratarpanam-(15 mins)+ Spine basti (20 mins)+ Abhyagam + Swedan -40mins Benefits- To relieve from their tensions, stress and strain. increase your working potential. Duration-2-3 Sessions



KAM SANJIVANI CHIKITSA

For Newly married couple Includes: Vrushya Basti-40min + Shirodhara-30min, Ayurved Medicines, Ayurveda Aphrodisiac Diet, Duration-8-10days



REJUVENATION THERAPY

Include Abhyagam + Swedan- For 5 days, 7 days, 14 days and 21 days



WOMEN'S CARE PACKAGE

Include - Shirodhara (45 mins)+ Mukhalep+ Ayurved Med.+ Diet 7 days, 14 days and 21 days



KIDS MEMORY IMPROVEMENT PROGRAM

Include- Shirodhara (35 mins)+ Nasya+ Ayurved Med.+Diet



SKIN HEALTH PACKAGE

Include - Udvartanam 1 day,+ Abhyangam 2 days,+ Mukhalep 3 days,



FEM 40 CARE- FOR FEMALES OF MENOPAUSAL AGE

Include- Snehapanam+ Abhyangam+Pindswed, Patrapottliswed+ Shirodhara+Virechan+Basti etc.



STRESS MANAGEMENT PROGRAM

Include- Abhyagam +Swedan (SSS)+ Shirodhara+ Pindswed, Duration: 2hrs. 14 - 21days



SPORTS FITNESS PROGRAM

Abhyagam +Swedan (SSS)+ Shirodhara+ Pindswed+ Matra Basti

OUR PRODUCTS



CONTACT US

Dr.Garje's Ayurved Clinic & Panchakarma Center

Om Shivam Bldg. A-203, A - Wing, 2nd Floor, Sector 20A, Opp. To Bus Stop & Railway Station, Nerul - West, Navi Mumbai, Maharashtra India Pin code – 400706

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Best Ayurveda Fertility Clinic



AYURVED FOR ALL

All Specialities At One Place...
With Authentic Ayurved
Panchakarma Treatments

DR. GARJE
॥ आयुर्वेद ॥

“हितअहितम्मुखम् दुःखम् आयुस्यतस्य हित अहितम् ।
मानम् च तच्च यत्रोक्त आयुर्वेद स उच्यते ॥”

The science that focuses on Hita (good) and Ahita (bad), Sukha (happiness) and Dukha (sadness) state of life is Ayurveda.

Ayurved is the most ancient sacred Veda, authentic, holistic, natural, and utmost scientific system of medicine, beneficial to mankind and does not change with time and space.

Ayurveda, the term is made of two words - AYU and VEDA which literally means the knowledge of long life.

Ayurveda Treatments - Ayurved Medicines, Shastrakarm, Agnikarma and Panchakarma.

PANCHAKAMRA - The Complete Detoxification

It consists of five Treatments of Purification

01	VAMAN	Therapeutic Medicine induced Emesis
02	VIRECHAN	Therapeutic Medicine induced Purgation
03	NASYA	Nasal Admin.of Ayu. drugs
04	BASTI	Enema Therapy
05	RAKTMOKSHAN	Blood letting out therapy

AVAILABLE TREATMENTS



ABOUT DR.GARJE AYURVED PANCHAKARMA CLINIC

Dr. GARJE AYURVED - The Speciality Ayurveda' Institute of Ayurved Clinic, Panchkamra Centre, Ayurved Pharmacy came into existence in the year 2008, by a committed, dedicated and Experienced professionals in the field of Ayurved.

Situated in the heart of Navi Mumbai city, just 15 km from proposed international airport.

Also exactly opposite to Nerul Railway Station, So it is easily reachable from all parts of the city.

It is equipped with traditional and sophisticated modern facilities, utilizing & dispensing the most authentic medicines, maintaining experienced therapists.

TOP 1st POSITION



WHY DR. GARJE AYURVED ??

The philosophy and mission of " Dr. GARJE AYURVED " is to provide an authentic and Traditional system of treatment in an ideal environment for all of our patient.

Our treatments are customized for individual cases and situations. We are dedicated to see our patients recuperate from illnesses and chronic conditions completely.

" Dr. GARJE AYURVED" approach is unique to each person.

Dr. GARJE AYURVED identifies with the personal need of every individual and embraces a compassionate approach while re-establishing a state of perfect natural health.

"Dr. GARJE AYURVED" We believe in ethical practice and are committed to serve (with uncompromised therapies/treatments) to achieve the Best possible results.



Dr. Ramdas Garje BAMS
Consulting Ayurveda Physician



Dr. Seema Garje MD
Consulting Ayurveda Physician

TREATMENTS AT DR.GARJE AYURVED PANCHAKARMA CLINIC



MALE INFERTILITY

Oligospermia, Azzospermia, Abnormal Sperm Functions, Hormone imbalances. Premature Ejaculation, Erectile Dysfunction, Dhat Syndrome.



FEMALE INFERTILITY

PCOS, Uterine Fibroid, Tubal Block, Endometriosis, Low AMH Levels, BOH.



SKIN DISEASES

Psoriasis, Eczema, Urticaria, Acne Pimples, Fungal Infections, Leucoderma



SPINE DISODERS

Cervical Spondylosis, Lumbar Spondylosis, Slip Disc Sciatica, Spinal Stenosis.



DIGESTIVE DISEASES

Acidity, Irritable Bowel Syndromes, Chronic Constipation, Ulcerative Colitis, Piles, Fissure, Fistula.



AUTOIMMUNE DISEASES

Ankylosis Spondylitis, Rheumatoid Arthritis, Systemic lupus erythematosus, Reactive arthritis, Lichen Planus.



WOMENS HEALTH

Irregular, Painful, Scanty Menstrual Cycles, Heavy Bleeding, PCOS, DUB, Backache, Hot Flushes & Night Sweats, Premenstrual Syndrome(PMS), White Discharge.



UROLOGICAL DISEASES

Kidney Stones, Urethral Stricture, Prostatitis



NEUROLOGICAL DISEASES

Tension Headaches, Migraine Headache, Alzheimer, Ataxia, Bell's Palsy, Epilepsy ,GB Syndrome, Headache, Parkinson's , Neuromuscular Diseases, Myasthenia Gravis



LIFE STYLE DISEASES

Diabetes, Hypothyroid, Obesity, Asthma, Sinusitis



PAIN MANAGEMENT

Knee Pain, Shoulder Pain , Back pain, Neck Pain, Muscular Pain, Heal Pain Frozen Shoulder, Calcaneus Spur, Plantar Fasciitis.



CHILDRENS CARE

Acute Chronic Cough Cold, Fever, Growth & Development Problems, Attention deficit hyperactivity disorder, Allergies. Children's Obesity



SEXUAL PROBLEMS

Premature Ejaculation, Erectile Dysfunction, Dhat Syndrome